

HOPE SABBATH SCHOOL

Origins – Part 11

Sabbath – a gift from Eden

Welcome to Hope Sabbath School--an in-depth interactive study of the Word of God. We are continuing a series of studies entitled Origins. Our topic today: Sabbath – a gift from Eden.

New Scripture Song: “Behold, Bless the LORD” Psalm 134

Prayer

- 1) A gift for the entire human family
 - a) Genesis 2:1-3
 - b) Exodus 20:8-11
 - c) What evidence do you see in these passages of Scripture that the Sabbath is a gift for the entire human family?
 - d) Why do you think the expression “the seventh day” is repeated so many times?
- 2) The rich meaning of the Sabbath
 - a) Deuteronomy 5:12-15
 - b) Luke 23:46-56
 - i) What is the significance of Jesus resting in the tomb on the Sabbath day?
 - c) Ezekiel 20:12; Exodus 31:13
 - i) How is the Sabbath a symbol that the LORD is sanctifying us?
- 3) Jesus and the Sabbath
 - a) Jesus was constantly getting into trouble on the Sabbath. Why? Was He opposed to the Sabbath?
 - b) Matthew 12:1-8
 - c) Mark 3:1-6
 - d) Luke 13:10-17
 - e) John 5:1-14
 - f) John 9:1-38
 - g) What important lesson can we learn from the actions and teachings of Jesus regarding Sabbath?
- 4) The Sabbath and the Last Days
 - a) 2 Peter 3:3-7
 - b) Revelation 14:6-7
 - c) Why is the Sabbath such an important truth for these last days of earth’s history?
 - i) The Sabbath reminds us where we came from, how we should live, and where we are going.
- 5) A Psalm for the Sabbath
 - a) Psalm 92
 - b) Why is praise such an important part of any meaningful Sabbath celebration?
 - c) How do we declare God’s loving kindness and faithfulness? (verse 2)
 - i) Through the recounting of His actions in history
 - ii) Through the reaffirmation of His teachings through the prophets and through His Son
 - iii) Through personal testimonies
 - d) What comfort do you find in the declaration that “the LORD is my Rock and there is no unrighteousness in Him”? (verse 15)