1. Restraining the winds
   a) Revelation 7:1–3 What do these winds represent?
   b) How is the mercy of God revealed in holding back the four winds?
      2 Peter 3:9–10
   c) Why are the angels instructed to restrain the winds?

2. The sealed people of God
   a) Revelation 7:3–4
   b) How are the faithful followers of Jesus sealed?
      i) 2 Timothy 2:19
      ii) Ephesians 1:13–14, Ephesians 4:30
   c) What is the significance of the location of the seal? Revelation 14:1
   d) What is the significance of the number sealed “from all the tribes of the children of Israel”? Revelation 7:4–8
   e) Why is it important to remember we cannot seal ourselves?

3. The great multitude
   a) Revelation 7:9–14
   b) What is the difference between the 144,000 and the great multitude?
   c) What do their white robes symbolize? Revelation 7:9, 14
   d) How do we wash our robes and make them white in the blood of the Lamb? Why is our personal choice vitally important? (See also Matthew 22:2–14)

4. Following the Lamb
   a) Revelation 14:1–4 What are the chief characteristics of the 144,000 saints?
   b) What is the meaning of the phrase “not defiled with women”? (See also Revelation 17:1–5)
   c) In practical terms, what does it mean to “follow the Lamb wherever He goes”?
   d) How does “following the Lamb wherever He goes” relate to Revelation 14:12?

5. Standing without fault before the throne of God
   a) Revelation 14:5 (See also 2 Peter 3:14)
   b) How is this possible?
      i) Romans 3:19–23
      ii) 1 John 1:8, 10
      iii) 2 Corinthians 5:21
      iv) 1 John 1:9
      v) In the light of these texts, what is the only way to stand faultless before the throne of God?
   c) What are your thoughts about standing faultless before the throne of God?
   d) How can we convince others that this amazing mercy and grace is available for all who choose to accept Jesus as Savior and Lord?