1. In the beginning
   a) Genesis 1:15, 6–8, 9–13, 14–19, 20–23, 24–31. Even in a perfect world, life had a certain rhythm.
   b) Genesis 2:1–3 What important gift did our Creator give to our human family as an essential part of the rhythm of our lives?
   c) Why was it necessary for Jesus to remind us the Sabbath was given for our benefit? Mark 2:27
   d) How has the gift of a weekly Sabbath been a blessing to your life?

2. Seasons of life in a sinful world
   a) Genesis 2:16–17 (see also Romans 3:23a)
   b) Ecclesiastes 3:2a
   c) Psalm 90:10
   d) What are some of the important seasons of life between birth and death? Ecclesiastes 3:1–8
   e) What Scriptures remind us God wants to be with us and bless us at every season of our lives?
      i) Hebrews 13:5
      ii) Isaiah 40:28–31
      iii) Other promises?

3. Unexpected seasons
   a) Job 1:1–3, 13–21
   b) Name some other Bible characters who experienced challenging, unexpected seasons in their lives. Joseph, Daniel, Jonah, etc.
   c) Not all unexpected seasons are bad. Think of some Bible characters who experienced unexpected seasons in life that were positive. Joseph in Egypt, Daniel in Babylon, Esther in Persia, etc.
   d) Why is it important to remember God is with us even, or especially, during the unexpected seasons of life? John 16:33
   e) Share an unexpected season in your life. How did God reveal His love and care during that season?

4. Transition times
   a) Sometimes God chooses to be more actively involved in our times of transition.
      i) Samuel: 1 Samuel 3:1–11
      ii) Mary: Luke 1:26–38
      iii) Saul of Tarsus: Acts 9:1–6
      iv) Share a time in your life when God intervened in a remarkable way.
   b) Other individuals can also play an important role in times of transition.
      i) Ananias with Saul: Acts 9:10–18
      ii) Philip with the Ethiopian official: Acts 8:26–39
      iii) Who has God used to play an important role during a time of transition in your life?