

**1. In the beginning**

- a) Genesis 1:15, 6-8, 9-13, 14-19, 20-23, 24-31. Even in a perfect world, life had a certain rhythm.
- b) Genesis 2:1-3 What important gift did our Creator give to our human family as an essential part of the rhythm of our lives?
- c) Why was it necessary for Jesus to remind us the Sabbath was given for our benefit? Mark 2:27
- d) How has the gift of a weekly Sabbath been a blessing to your life?

**2. Seasons of life in a sinful world**

- a) Genesis 2:16-17 (see also Romans 3:23a)
- b) Ecclesiastes 3:2a
- c) Psalm 90:10
- d) What are some of the important seasons of life between birth and death? Ecclesiastes 3:1-8
- e) What Scriptures remind us God wants to be with us and bless us at every season of our lives?
  - i) Hebrews 13:5
  - ii) Isaiah 40:28-31
  - iii) Other promises?

**3. Unexpected seasons**

- a) Job 1:1-3, 13-21
- b) Name some other Bible characters who experienced challenging, unexpected seasons in their lives. Joseph, Daniel, Jonah, etc.

- c) Not all unexpected seasons are bad. Think of some Bible characters who experienced unexpected seasons in life that were positive. Joseph in Egypt, Daniel in Babylon, Esther in Persia, etc.
- d) Why is it important to remember God is with us even, or especially, during the unexpected seasons of life? John 16:33
- e) Share an unexpected season in your life. How did God reveal His love and care during that season?

**4. Transition times**

- a) Sometimes God chooses to be more actively involved in our times of transition.
  - i) Samuel: 1 Samuel 3:1-11
  - ii) Mary: Luke 1:26-38
  - iii) Saul of Tarsus: Acts 9:1-6
  - iv) Share a time in your life when God intervened in a remarkable way.
- b) Other individuals can also play an important role in times of transition.
  - i) Ananias with Saul: Acts 9:10-18
  - ii) Philip with the Ethiopian official: Acts 8:26-39
  - iii) Who has God used to play an important role during a time of transition in your life?

