

1. The certainty of loss

- a) Loss is an unavoidable reality in this sinful world. What are some losses Adam and Eve experienced after they disobeyed God?
- b) How can we face life without being overwhelmed by the certainty of impending loss?

2. Loss of health

- a) What lesson can we learn from the inspired account of Job's loss of health? Job 2:1-8
- b) Is all sickness the result of a direct attack of Satan?
- c) Why did Jesus spend more time healing than preaching?
- d) What lessons can we learn from the healing miracles of Jesus? Mark 5:22-24, 35-43; Matthew 15:22-28; Luke 4:38-39; John 4:46-54
- e) What practical insights do you gain from James 5:14-17?
- f) Share a time when you or someone you love experienced a loss of health. What lessons did you learn through that experience?

3. Loss of trust

- a) What are some events in the life of a family that can cause a breakdown in trust?
- b) What lessons can we learn from the experience of Peter? Matthew 26:69-75; John 21:15-19
- c) What conditions are necessary in order to rebuild trust?
- d) Name circumstances where it is impossible for trust to be restored.

4. Loss of freedom

- a) What are some activities that can cause a person to lose his or her freedom?
- b) Romans 6:16
- c) James 1:13-15
- d) John 8:34-36
- e) What other promises in the Bible give hope to a person who has lost his or her freedom?
- f) Share your testimony of finding freedom through faith in Jesus.

5. Loss of life

- a) Why does the Bible describe death as an enemy? 1 Corinthians 15:26
- b) What promise did Jesus give to His followers, recorded in John 10:10?
- c) When does this abundant life begin?
- d) How can we be sure this abundant life does not end when we fall asleep in death? John 3:16, 1 Thessalonians 4:13-18, Revelation 21:1-4
- e) How has the teaching of Jesus about death given you hope when dealing with the loss of a loved one?

