1. **The certainty of loss**
   a) Loss is an unavoidable reality in this sinful world. What are some losses Adam and Eve experienced after they disobeyed God?
   b) How can we face life without being overwhelmed by the certainty of impending loss?

2. **Loss of health**
   a) What lesson can we learn from the inspired account of Job’s loss of health? Job 2:1–8
   b) Is all sickness the result of a direct attack of Satan?
   c) Why did Jesus spend more time healing than preaching?
   e) What practical insights do you gain from James 5:14–17?
   f) Share a time when you or someone you love experienced a loss of health. What lessons did you learn through that experience?

3. **Loss of trust**
   a) What are some events in the life of a family that can cause a breakdown in trust?
   b) What lessons can we learn from the experience of Peter? Matthew 26:69–75; John 21:15–19
   c) What conditions are necessary in order to rebuild trust?
   d) Name circumstances where it is impossible for trust to be restored.

4. **Loss of freedom**
   a) What are some activities that can cause a person to lose his or her freedom?
   b) Romans 6:16
   c) James 1:13–15
   d) John 8:34–36
   e) What other promises in the Bible give hope to a person who has lost his or her freedom?
   f) Share your testimony of finding freedom through faith in Jesus.

5. **Loss of life**
   a) Why does the Bible describe death as an enemy? 1 Corinthians 15:26
   b) What promise did Jesus give to His followers, recorded in John 10:10?
   c) When does this abundant life begin?
   d) How can we be sure this abundant life does not end when we fall asleep in death? John 3:16, 1 Thessalonians 4:13–18, Revelation 21:1–4
   e) How has the teaching of Jesus about death given you hope when dealing with the loss of a loved one?