1. The creation of a perfect environment
   a) Genesis 1:1-5, 6-8, 9-13, 14-19, 20-23, 24-25, 31 What theme do you hear repeated through this inspired account of creation?
   b) Genesis 1:26-27, 2:7, 23-25 What was unique about the creation of the human family?
   c) Intelligent people present a completely different account of the origin of life on this planet. What presuppositions lead them to their conclusions?
   d) If an eternal, omnipotent God exists, what hinders Him from creating an inhabited planet like the one described in Genesis 1?
   e) The theme of God’s creative activity is repeated throughout the Bible. Give some examples.

2. The provision of a day of rest
   a) Genesis 2:1-3 How does this inspired account describe the gift of the Sabbath?
   b) There is no mention in this text that the human family should also rest on that day. Where do we find a command to rest each Sabbath day? Exodus 20:8-11
   c) Why is keeping the Sabbath holy given as a command and not simply a recommendation?
   d) What specific sequence of miracles clearly identified the Sabbath each week? Why? Exodus 16:14-31
   e) What additional meaning regarding the Sabbath is given in Deuteronomy 5:12-15?
   f) What teaching of Jesus confirms that the Sabbath wasn’t simply for the Jews but for the entire human family? Mark 2:27
   g) Why did Jesus speak with such authority about the purpose of the Sabbath? John 1:1-3,14, Mark 2:28

3. Keeping the Sabbath holy
   a) What did our Creator have in mind when He commanded the human family to keep the Sabbath holy?
   b) What inspired texts help us to understand God’s intention regarding Sabbath observance? Psalm 92:1-4 (a song for the Sabbath day), Matthew 12:10-12, Leviticus 19:3, etc.
   c) Share some admonitions in the Scriptures to gather for corporate worship each Sabbath, in addition to our personal communion time with the LORD. Leviticus 23:3, Luke 4:16, Hebrews 10:25, etc.
   d) Isaiah 58:13-14 How can we help our family and friends to experience the gift of the Sabbath as a delight?
   e) Share your testimony of a delightful Sabbath. Why was that time so special for you?