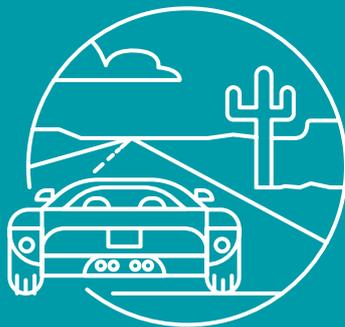


Denial of Self



Week Twelve

inTro



Read This Week's Passage:
Philippians 2:5-11

LOWER THAN THE LOWEST

Imagine the best automobile you can think of. Think of the best tires and a state-of-the-art engine. Choose any design and any color. Keep thinking of the most hi-tech engineering, most adaptive capabilities, and the sleekest of aerodynamic structures. Undoubtedly, each of us would be thinking of different cars. But regardless of what form and model we may be visualizing, everyone almost certainly envisioned a fast car!

Now imagine this car driving through a very dull, boring, and straight highway. The speed limit is 25 miles or 40 kilometers per hour. There is not a single police officer in sight, and you have hours more to drive. Wouldn't it be a great temptation to harness the speed intended by this car's designers to break the law?

Next, imagine a more modest car (more likely the type of car most inVerse readers will be driving). This car is much more practical, economical, and not the latest model. It may not be run down, but it is functional. It comes nowhere close to the capacity of the first car.

If this second car were placed in the same scenario as the first, what would be different? Though the boredom and straightness of the road may entice you with the same temptation to break the speed limit, the magnitude of self-denial to resist would be remarkably different. Tempted the same but in a different way.

Though many Christians may be familiar with the imperative of being humble because Christ was humble, this week we will discover that to say Jesus was humble is an understatement.



inScribe

Write out Philippians 2:5-11 from the translation of your choice. You may also re-write the passage in your own words, outline, or mind-map the chapter.



Go back to your scribed text and study the passage.

Circle repeated words/phrases/ideas

Underline words/phrases that are important and have meaning to you



Draw **Arrows** to connect words/phrases to other associated or related words/phrases

What special insights do your marks seem overall to point to?



Memorize your favorite verse in Philippians 2:5–11. Write it out multiple times to help with memorization.

If Christ can create a self-denying heart for the Philippians, what can He do for you?

Where are areas of self-denial and humility needed in your life?



Read more at www.inverseible.org/disc12-3



After looking at your scribed and annotated text, what special insights do your marks seem to point to overall?



What questions emerge after studying this passage? What parts are difficult?

What other principles and conclusions do you find?

How have you not been Christ's disciple?



Read more at
www.inverseible.org/disc12-4



What relationship do the following verses have with the primary passage?

Galatians 2:20

Luke 9:23, 24

Luke 17:33

2 Timothy 3:1-5



What other verses/promises come to mind in connection with Philippians 2:5-11?

Review your memorized verse from Philippians 2:5-11.



Where is Jesus in the
midst of the prophecies of
Philippians 2:5-11?



How is Christ's self-denial an example to you? How is Christ's self-denial a source of power for you? How is Christ's self-denial a source of pardon for you?

How do you see Jesus differently or see Him again?

Prayer: How do you respond to seeing Jesus in this way?



Read more at
www.inverseible.org/disc12-6



Review the memory verse.
How does it apply to your
life this week?



After this week's study of
the chapter, what personal
applications are you convicted
of in your life?

What practical applications must
you make in self-denial today?

A large grid of small dots for writing answers to the reflection questions.



Read more inSight from the
Spirit of Prophecy at
www.inverseible.org/disc12-7



Share insights from this week's memory verse and Bible study as well as any discoveries, observations, and questions with your Sabbath School class (or Bible study group). Consider these discussion questions with the rest of the group.



What are your feelings when you first hear the phrase "self-denial"?

What is the difference between humility and self-denial?

How does pop discipleship differ from biblical discipleship?

How is spiritual humility different from cultural humility?

What would be the ramifications for the universe if God used His divinity for selfish reasons?

What does denial of self look like on the local church level?

Which of the three calls to discipleship do you resonate with?

Which of the three calls to discipleship do you seem to avoid?

How does self-denial intersect with discipleship?