



## Addiction to Pain Medication

The abuse of and addiction to opioids such as heroin, morphine, and prescription pain relievers is a serious problem that affects the health, social, and economic welfare of all societies. Opiate medications are surprisingly easy to obtain. Prescription opiate abusers are far more likely to eventually develop a heroin addiction than a non-opiate abuser. Long-term use puts people at risk of addiction, even if the substance is used as prescribed.

### Ways to Address It:

- Psychotherapy/counseling (cognitive behavioral).
- Medication when appropriate.
- Addiction recovery program.
- Prayer and meditation on God's word.

### Resources:

#### Articles

<http://pediatrics.aappublications.org/content/111/1/67.short>  
<https://www.drugabuse.gov/about-nida/legislative-activities/testimony-to-congress/2016/americas-addiction-to-opioids-heroin-prescription-drug-abuse>

#### Brochure

<http://www.asam.org/docs/default-source/advocacy/opioid-addiction-disease-facts-figures.pdf>

#### Websites

<http://www.dualdiagnosis.org/opiate-addiction-among-women/>  
<http://jn.nutrition.org/content/134/10/2546.short>  
<http://articles.latimes.com/2001/sep/10/health/he-44085>  
[www.adventistrecoveryglobal.org](http://www.adventistrecoveryglobal.org)

“Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth.”

—Jeremiah 33:6 (NKJV)

